



Podium Points

For Public Speaking and Performance

VERBAL: PED-TV



PACE: How quickly or slowly a person speaks



EMPHASIS: The stress placed upon certain words when speaking



DICTION: Degree of clarity and distinctness of pronunciation when speaking



V

TONE: The emotion conveyed by the sound of the speaker's voice

VOLUME: How loudly a person speaks

PHYSICAL: PEP



POSTURE: How the speaker holds his or her body. It is most effective for the speaker to stand up tall, with knees relaxed and shoulders down



EYE CONTACT: When a person looks directly at members of the audience



PRESENCE: The speaker's energy and connection with the audience